

2010 Summer National Championships

Day 1 - Final - Wed - July 28

				5:45			
Officials March On				5:45			
Introduce Referees/Starters				5:48			
Opening Ceremonies , O Canada					5:48	6:00	
				March On	Intro.	Start	Finish
50 Butterfly	Event 1	W	C Final			6:00	6:01
	Event 1	W	B Final			6:01	6:03
	Event 1	W	A Final	6:03	6:04	6:04	6:05
	Event 2	M	C Final			6:07	6:09
	Event 2	M	B Final			6:10	6:11
	Awards		50 Fly (F)			6:11	6:13
	Event 2	M	A Final	6:13	6:14	6:14	6:16
200 Freestyle	Event 3	W	C Final			6:16	6:19
	Event 3	W	B Final			6:19	6:22
	Awards		50 Fly (M)			6:22	6:24
	Event 3	W	A Final	6:24	6:24	6:25	6:28
	Event 4	M	C Final			6:28	6:31
	Event 4	M	B Final			6:31	6:34
	Awards		200 Free (F)			6:34	6:35
100 Backstroke	Event 4	M	A Final	6:35	6:35	6:37	6:40
	Event 5	W	C Final			6:41	6:43
	Event 5	W	B Final			6:43	6:45
	Awards		200 Free (M)			6:45	6:48
	Event 5	W	A Final	6:48	6:48	6:49	6:51
	Event 6	M	C Final			6:51	6:53
	Event 6	M	B Final			6:53	6:55
200 Butterfly	Awards		100 BA (W)			6:55	6:58
	Event 6	M	A Final	6:58	6:58	6:59	7:01
	Event 7	W	C Final			7:01	7:04
	Event 7	W	B Final			7:04	7:07
	Awards		100 BA (M)			7:07	7:09
	Event 7	W	A Final	7:09	7:09	7:10	7:13
	Event 8	M	C Final			7:13	7:16
800 Free	Event 8	M	B Final			7:16	7:19
	Awards		200 Fly (W)			7:19	7:22
	Event 8	M	A Final	7:22	7:22	7:20	7:24
	Event 9	W	Final	7:24	7:24	7:25	7:35
1500 Free	Awards		200 Fly (M)			7:35	7:36
	Awards		800 Free (W)			7:36	7:37
	Event 10	M	Final	7:37	7:37	7:39	7:56
Awards						7:57	8:00
Officials March Off				8:00			