

# 2022

# National Swim Coaches Conference

## New Beginings

### September 29 - October 3

### Westin Whistler Hotel

8:00 - 12:00pm	<b>Carded Coaches Meeting</b>	
2:00 - 3:00pm	<b>Anthony Nesty</b> - Coaching the Event Spectrum: From Caleb to Katie	
3:15 - 4:15pm	<b>Tom Vandenberg</b> , CSI Pacific - Basics of a Weekly Training Structure	
4:30 - 5:30pm	<b>John Atkinson, Swimming Canada</b> - Strategy 2028 & Addressing the Gaps in Canadian Swimming	
5:00 - 7:00pm	<b>Conference Registration</b> - 5:00 - 6:30pm	<b>BC Coaches Meeting</b> - 5:45 - 7:00pm
7:00 - 10:00pm	<b>Welcome Social</b> - Location TBD	

Thurs, Sept 29

### Age Group / National / International

7:00am	<b>CSCA Hall of Fame Panel Ron Jacks, Byron MacDonald &amp; John Vadeika</b> • Group Breakfast Plenary	
8:45 - 9:45am	<b>Anthony Nesty</b> - Evolving Technique in a Elite Performance	
10:00 - 11:00am	<b>Dr. Gord Sleivert Memorial Lecture, Tom Vandenberg, CSI Pacific</b> Learning from Abroad: Developing a Performance Culture	
11:15 - 12:15pm	<b>Working Together to Develop a Men's Programming</b> Tom Johnson, Ryan Mallette, Derrick Schoof, Moderator: Carl Simonson	
12:15 - 2:00pm	<b>Lunch Break OYO</b> Perfect time for a Coaches Meeting or an Exercise Break	<b>Women in Coaching Luncheon</b>
2:00 - 3:00pm	<b>Steven Indig</b> - The Changing Landscape for Coaches: Understanding, Assessing and Mitigating Risk	
3:15 - 4:30pm	<b>Matt Young</b> - Creating a Quality Sport Spine	
5:00 - 7:00pm	<b>CSCA Hall of Fame Reception</b>	

Fri, Sept 30

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## New Beginings

### Age Group Stream

### Age Group / National / International

7:00am	<b>Matt Young</b> - Understanding the #1 Issue in Sport • Group Breakfast Plenary	
8:45 - 9:45am	<b>Linda Kiefer, University of Toronto</b> How I Teach Backstroke	<b>Anthony Nesty</b> In Conversation
10:00 - 11:00am	<b>Jy Lawrence, Pacific Sea Wolves</b> How I Teach Butterfly	<b>Tom Johnson</b> Lessons from a Life in Coaching
11:15 - 12:15pm	<b>Annie Wolfe, Hollyburn</b> How I Teach Starts & Turns	TBC
12:15 - 2:00pm	<b>Lunch Break 12:15 - 2:00pm</b> Perfect time for a Team Coaches Meeting or an Exercise Break	<b>U-Sport Coaches Luncheon</b>
2:00 - 3:00pm	<b>Panel Discussion: Fostering a Culture to Keep Athletes Progressing at Small Clubs</b> Tina Hoeben, Sarah Hynd, Jeremy Dumora Moderated by Ron Campbell	<b>Panel Discussion: Fostering a Culture to Keep Athletes Progressing at Large Clubs</b> Rob Novak, Martin Gingras, Carl Simonson Moderated by Ryan Mallette
3:15 - 4:15pm	<b>Dave MacDonald, University of Calgary</b> How I Teach Breaststroke	<b>Matt Young</b> Strengthening the Deck
4:30 - 5:30pm	<b>Dr. Stephen Norris</b> - Expanding your Coaches Toolbox	
6:30 - 10:00pm	<b>BC Swimming Awards Banquet and Hall of Fame Induction Ceremony</b> - Separate Ticket Required	

Sat, Oct 1

### Age Group Stream

### Para Stream

9:00 - 10:00am	<b>Chad Webb, Williams Lake Bluefins</b> Meaningful Practices & Progressions	<b>Janet Dunn &amp; Ryan Jones</b> Ten Tips for Kick Starting Para Swimmer Development
10:15 - 11:15am	<b>Alex Pettifer, Richmond Rapid Swim Club</b> How I Teach Freestyle	<b>Dr. Darda Sales PLY, Janet Dunn &amp; Wayne Lomas</b> Building Welcoming Programs "A Para Swimming Perspective" (additional PD Points) 10:15 - 12:30pm
11:30 - 12:30pm	<b>Making Ethical Decisions Course</b> 11:30 - 2pm	

Sun, Oct 2

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