

SNC AGE GROUP NATIONAL STANDARDS 2005-06

FEMALE																	
LCM Standards																	
	50 FR	100 FR	200 FR	400 FR	800 FR	1500 FR	50 BK	100 BK	200 BK	50 BR	100 BR	200 BR	50 FL	100 FL	200 FL	200 IM	400 IM
12&U			2:21.1	4:59.0	10:20.5	21:05.0			2:39.8			3:00.5			2:45.5	2:40.2	5:40.5
13		1:03.7	2:15.8	4:49.1	9:59.1	20:01.4		1:13.1	2:36.2		1:21.9	2:55.7		1:10.1	2:36.7	2:36.0	5:31.5
14	:28.5	1:02.5	2:13.4	4:42.4	9:44.3	19:19.4	:33.8	1:11.5	2:32.3	:37.1	1:21.2	2:54.0	:31.5	1:07.8	2:31.9	2:33.5	5:25.8
15	:28.3	1:01.8	2:11.6	4:38.4	9:34.6	18:54.3	:33.3	1:10.1	2:30.6	:36.9	1:20.0	2:51.8	:31.4	1:06.3	2:28.9	2:31.7	5:21.6
16-18	:28.0	1:01.6	2:11.4	4:37.7	9:34.1	18:45.9	:33.0	1:09.2	2:30.0	:36.3	1:19.1	2:49.8	:31.2	1:06.0	2:27.8	2:31.6	5:21.3
SCM Standards																	
	50 FR	100 FR	200 FR	400 FR	800 FR	1500 FR	50 BK	100 BK	200 BK	50 BR	100 BR	200 BR	50 FL	100 FL	200 FL	200 IM	400 IM
12&U			2:18.3	4:53.1	10:08.3	20:40.2			2:36.7			2:57.0			2:42.3	2:37.1	5:33.8
13		1:02.4	2:13.1	4:43.4	9:47.4	19:37.8		1:11.6	2:33.1		1:20.3	2:52.2		1:08.7	2:33.7	2:33.0	5:25.0
14	:28.0	1:01.3	2:10.8	4:36.9	9:32.9	18:56.7	:33.1	1:10.1	2:29.4	:36.4	1:19.6	2:50.6	:30.9	1:06.4	2:28.9	2:30.5	5:19.4
15	:27.7	1:00.6	2:09.0	4:33.0	9:23.3	18:32.1	:32.6	1:08.7	2:27.7	:36.2	1:18.5	2:48.4	:30.8	1:05.0	2:26.0	2:28.7	5:15.2
16-18	:27.5	1:00.4	2:08.8	4:32.3	9:22.9	18:23.8	:32.3	1:07.9	2:27.1	:35.6	1:17.5	2:46.5	:30.6	1:04.7	2:24.9	2:28.6	5:15.0
MALE																	
LCM Standards																	
	50 FR	100 FR	200 FR	400 FR	800 FR	1500 FR	50 BK	100 BK	200 BK	50 BR	100 BR	200 BR	50 FL	100 FL	200 FL	200 IM	400 IM
13&U			2:17.2	4:49.6	10:03.7	18:59.5			2:35.3			2:57.9			2:40.0	2:36.6	5:33.3
14		:59.2	2:10.4	4:36.4	9:35.9	18:01.8		1:08.3	2:26.0		1:18.1	2:48.3		1:05.2	2:29.7	2:28.3	5:14.6
15	:27.0	:58.2	2:08.0	4:30.5	9:22.0	17:38.7	:31.2	1:06.5	2:21.4	:35.2	1:16.1	2:44.7	:28.9	1:03.5	2:24.9	2:25.6	5:07.9
16	:26.3	:56.8	2:05.0	4:25.7	9:12.0	17:20.4	:30.5	1:04.9	2:18.9	:34.3	1:14.3	2:40.8	:28.5	1:02.3	2:21.7	2:22.1	5:02.6
17-18	:26.0	:56.1	2:03.8	4:22.9	9:12.0	17:20.4	:30.2	1:04.4	2:18.4	:33.8	1:14.0	2:38.6	:27.9	1:01.7	2:21.5	2:19.4	4:58.2
SCM Standards																	
	50 FR	100 FR	200 FR	400 FR	800 FR	1500 FR	50 BK	100 BK	200 BK	50 BR	100 BR	200 BR	50 FL	100 FL	200 FL	200 IM	400 IM
13&U			2:14.5	4:43.9	9:51.9	18:28.5			2:32.3			2:54.4			2:36.9	2:33.5	5:26.8
14		:58.0	2:07.8	4:31.0	9:24.6	17:32.5		1:07.0	2:23.2		1:16.6	2:45.0		1:03.9	2:26.7	2:25.4	5:08.5
15	:26.5	:57.1	2:05.5	4:25.2	9:11.0	17:10.0	:30.6	1:05.2	2:18.6	:34.5	1:14.6	2:41.5	:28.3	1:02.3	2:22.1	2:22.7	5:01.9
16	:25.8	:55.7	2:02.5	4:20.5	9:01.2	16:52.2	:29.9	1:03.6	2:16.2	:33.6	1:12.9	2:37.7	:28.0	1:01.0	2:18.9	2:19.3	4:56.7
17-18	:25.4	:55.0	2:01.3	4:17.8	9:01.2	16:52.2	:29.6	1:03.1	2:15.7	:33.2	1:12.6	2:35.5	:27.4	1:00.5	2:18.7	2:16.7	4:52.4