

Intermediate Elite Program Changes

Nov. 28 Final w/o @ VD Pool

29 5:30-7:30 am UG Wts/swim

4-6 pm UG

30 5:30-7:30 am UG

Dec. 1 9-11 am UG

3 4-6 pm UG

4 5:30-7:30 am UG Wts/sw

4-6 pm UG

5 4-6 pm Centennial

6 5:30-7:30 am UG Wts/sw

4-6 pm UG

7-8-9 Dash 4 Cash Meet

10 All cancelled

11 5:30-7:30 am UG Wts/sw

4-6 pm UG

12 4-6 pm Cent.

13 see 6th

14 5:30-7:30 am UG

15 6:30-8:30 am UG Wts/sw

Xmas Party

17 4-6 pm UG

18 see 11th

19 4-6 pm Cent.

Dec. 20 see 13th

21 5:30-7:30 am UG

22 see 15th

Xmas Break

Dec. 27 see 13th

28 5:30-7:30 am UG

4-6 pm UG

29 6:30-8:30 am UG Wts/sw

New Years Break

Jan. 2 5:30-7:30 am UG

4-6 pm UG

3 5:30-7:30 am UG Wts/sw

4-6 pm UG

4 5:30-7:30 am UG

5 6:30-8:30 am UG Wts/sw

7 REGULAR SCHEDULE RESUMES