

DECEMBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9-11am Jr Elite U of G
2 off	3 4:30-6:30pm Jr Elite 6:30-8pm Comp all at Cent	4 4:30-6:30pm Jr Elite at Cent	5 5:30-7:30am Jr Elite U of G 6-7:30pm Comp at Cent	6 4-6pm Jr Elite at Cent 6:30-7:30pm Boys will be Boys at Cent	7 TAS at U of G	8 TAS at U of G
9 TAS at U of G	10 off	11 4:30-6pm Jr Elite at Cent	12 5:30-7:30am Jr Elite U of G 6-7:30pm Comp at Cent	13 4-6pm Jr Elite at Cent	14 6-7:30am Jr elite 4:30-6pm Comp all at U of G	15 7:30-9am Jr Elite workout 9-11 Red Blue Meet etc Christmas Party!
16 off	17 4-5:30pm Jr Elite 5-6pm Comp both at Cent	18 4-6pm Jr Elite 5:30-7pm Comp at Cent	19 5:30-7:30am Jr Elite U of G 4-5:30pm Comp at Cent	20 4:30-6:30pm Jr Elite at Cent	21 6-7:30am Jr elite 4:30-6pm Comp all at U of G	22 7:30-9:30am Jr Elite and Comp at U of G
23 off	24 off	25 Christmas	26 off	27 8:30-10am Jr Elite, 10-11:30 Comp at Cent	28 8:30-10am Comp, 10-11:30 Jr Elite at Cent	29 7-8:30am Jr Elite/Comp at U of G
30 off	31 off					