

MARCH 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Prov qualifiers in London others in Burlington at a meet
2 Meets continued	3 off	4 4-6pm Jr Elite at VD	5 5:30-7:30am Jr Elite U of G 4-6pm Comp at VD	6 5:30-7:30am Jr Elite at U fo G	7 4-5:30pm workout for those not going to Florida	8 7:30-9:30am workout for those not going to Florida
9 off	10 off if NOT going to florida	11 off	12 5:30-7:30am workout for those not away	13 off	14 off	15 7:30-9:30am workout for those not away
16 off	17 4-6pm Jr Elite 6-7:30pm Comp all at Cent	18 4-6pm Jr Elite at VD	19 5:30-7:30am Jr Elite U of G 4-6pm Comp at VD	20 4-6pm Jr Elite LCM at VD	21 off	22 7:30-9:30pm Jr Elite 9:30-10:30am Comp at U of G
23 off	24 off	25 4-6pm Jr Elite at VD	26 5:30-7:30am Jr Elite U of G 4-6pm Comp at VD	27 4-6pm Jr Elite LCM at VD	28 4-5:30pm Jr Elite 5:30-7pm Comp at VD	29 7:30-9:30am at U of G
30 off	31 4-6pm Jr Elite 6-7:30pm Comp all at Cent					