

**London Aquatic Club**  
**SWIM MEET - Jr. Provincials - July 2 - 5, 2009**  
**Food Donation List**

Welcome to all new swim families!! For LAC hosted swim meets, each swim family is responsible for bringing in a food item. The food list will be posted in the newsletter prior to each meet. Items can be brought to the canteen area at CGAC on Wednesday (July 1) 5:00-7:00pm or Thursday or Friday mornings prior to the start of the meet. Please check your name off the list in the canteen area when you bring in your item.

**SWIM MEET FOOD DONATION LIST**

**Please note:**

- The food items are to be **\$10.00** in value
- Vegetables should be washed
- Carrots, cauliflower, broccoli and celery should be cut into small pieces
- Cucumbers and fruit should be brought in as it.
- Rice Krispies should be cut into large squares and individually wrapped.

**FOOD DONATION**

Adkin Family		Cantaloupe
Allan Family, Charlotte		
Allen Family, Jessica		
Anderson Family		
Andres / Chen Family		
Arroyas Family		
Baraniecka Family		
Barr Family		
Bethel Family		
Bradford Family		
Brown Family		
Bryzgalov Family		
Campbell Family, Madison		
Campbell Family, Jennifer & Sam		
Cappa Family		
Choi Family		
Cooper Family		Watermelon
Coulter Family		
Den Boer Family		
D'Hollander Family		
Dickey Family		
Dimic Family		
Drasovean Family		
Dworatzek Family		
Evans Family		
Fernandes Family		
Fiaani Family		
Finan Family		
Freedman Family		
Garrod Family		
Gati Family		
Gerber Family		
Gilmour Family		
Gong Family		

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Gordon Family		Honeydew Melon
Granger Family		
Gupta Family		
Halliday Family		
Hartley Family		
Hopkins Family		
Ioannidis Family		
Istasy Family		
Jensen Family		
Jorna Family		
Karns Family		Grapes (Seedless)
Kemp Family		
Klus Family		
Knezic Family		
Kovacs Family		
Kwatyra Family		
Laing Family		
Lee Family		
Lewis Family		
Liu Family		
Liu/Chen Family		
Mackie Family		
MacMillan Family		
Marshall Family		
Masse Family		
Maurer Family		Cherry Tomatoes
McCann Family		
McMullen/McKnight Family		
McNair/MacNeil Family		
Mehlenbacher Family		
Michalski Family		
Midgley Family		
Mitchell/Needham Family		English Cucumber
Mitchell-Wolfe Family		
Mortimer Family		
Moser Family		
Neal Family		
Nell Family		
O'Brien Family		
Orfanides Family		
Overend Family		
Park Family		
Pedda Family		
Pedersen Family		
Peng Family		Cauliflower
Pilon Family		
Puvanendran Family		
Reiser-Brown Family		
Richardson Family		
Riekenbrauck Family		
Robinson Family		

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Roman Family		Celery
Ruiz Family		
Ryan Family, Camille		
Ryu Family		Rice Krispie Squares (preferably homemade)
Salmon Family		
Samarrey Family / Aldin Family		
Saunders Family		
Scrocchi Family		
Sepe Family		
Scheele Family		5 Dozen Eggs
Smith Family		Cheese Block 600g - 900g (cheddar or marble)
Solis-Oba Family		
Southam Family		
Springer Family		
Stewart Family		Pies - 9" to 12" (Eg - Apple, cherry, blueberry, pecan, etc.)
Tomic Family		
Walker Family, Alyson		
Walker Family, Paige		
Wang Family - Wen Bain		
Waters Family - Ben Plante		
Williams Family		
WISE, Robert		
Wong Family		
Wood-Tarrataca Family		
Xu Family, Guoyjue		
Yang Family		
Young Family, Emma		
Young Family, George		