

Quinte Dolphins 06/07 Practice Schedule & Fee Structure

Day		Mini Dolphins	Dolphin Skills	Adv Develop.	Bronze	Silver	Gold	Platinum
Monday	am							
	pm	5:30 - 6:15	5:30 - 6:15	4:15 - 5:45	4:15 - 6:00	4:15 - 6:00	3:15 - 5:15	3:00 - 6:00
Tuesday	am						6:15 - 7:30	6:15 - 7:30
	pm					4:15 - 6:00	3:00 - 5:30	3:00 - 5:30
Wednesday	am					6:15 - 7:30		
	pm	5:30 - 6:15	5:30 - 6:15		4:15 - 6:00		3:15 - 5:15	3:00 - 6:00
Thursday	am						6:15 - 7:30	6:15 - 7:30
	pm		5:30 - 6:15	4:15 - 5:45	4:15 - 6:00	4:15 - 6:00	3:15 - 5:15	3:00 - 5:30
Friday	am							
	pm					4:15 - 6:00	3:00 - 5:30	3:00 - 6:00
Saturday	am			8:00 - 9:30	8:00 - 9:30	8:00 - 9:30	8:00 - 9:30	8:00 - 9:30
	pm							
<b>Total Hours</b>		1.50	2.25	4.50	6.75	8.75	15.00	18.00

<b>Start Date / Registration Date</b>	(6)	09/11/06	09/11/06	9/06/2006 9/11/2006	9/06/2006 9/11/2006	9/06/2006 9/11/2006	9/06/2006 9/11/2006	9/06/2006 9/11/2006
<b>Approx. Weeks / Year</b>	(4)	32	32	40	40	40	45	45
<b>Coaching Fees</b>	(1)(2)	\$250	\$400	\$500	\$600	\$800	\$1,000	\$1,200
<b>Fundraising Requirements</b>	(3)(5)	3 dances or \$225	3 dances or \$225	3 dances plus \$500	3 dances plus \$550	3 dances plus \$600	3 dances plus \$650	3 dances plus \$700
<b>Swim Ont Fee</b>		30.44	30.44	101.82	101.82	101.82	101.82	101.82
<b>PEFAC Membership</b>	(7)	21.2/mth	21.2/mth	21.2/mth	21.2/mth	21.2/mth	21.2/mth	21.2/mth

Please see numbered Notes on the following page.

## Notes:

- (1) Families with two or more swimmers receives a 25% discount off lowest Coaching fee.
- (2) Families may register in the Mini Dolphins or the Dolphin Skills program by session. The first two sessions are 12 weeks long the third session is an 8 week program. The cost for the Mini Dolphins is \$100 for the 12 week sessions \$70 for the 8 week program. The Dolphin Skills program is \$150 for the 12 week sessions and \$120 for the 8 week program.
- (3) Families with more than one swimmer must fundraise to the highest swim level requirement.
- (4) One week break between Christmas and New Years, one week off for March Break and 2-5 weeks off after long course Nationals for Gold and High Performance Only\*.  
\*decision on time off to be made jointly between swimmer and coach
- (5) A cheque for the fundraising total must be submitted at registration. It will be returned once your fundraising obligation is met. All dances attended will lower your fund raising commitment. Unmet dance requirements will result in a surcharge of \$75 / dance.
- (6) The season will begin for all returning swimmers on Wednesday September 6th, there will be some time on deck spent discussing the upcoming season including goal setting, meet schedules, and expectations of swimmers while at practice
- (7) Membership provides the swimmer with access to the pool and change rooms during normal operating hours of the Prince Edward Fitness and Aquatic Centre. If the swimmer is currently a member of PEFAC no additional membership is required.

## Note to Families

- a If you are unable to attend on the registration date contact Anne for alternate time.
- b Separate cheques are required for Swim Ontario, PEFAC, fundraising and coaching fees.
- c Coaching fees can be paid in up to 8 installments with post dated cheques.
- d Swimmers can add hours (and fees), on a pro-rated basis, at any time during the season with the agreement of the coaching staff.